



**Your Chance to represent the London Borough of
Barnet in the Virgin Money Giving Mini London
Marathon on 28nd April 2019**

**5k trial race taking place on
Saturday 23rd March
@ 9am, Oakhill Park, Barnet
(race incorporated in the weekly Oakhill parkrun)**

36 places available across the following three age groups (6 per group),
for young people that live or go to school in the borough:

Boys and Girls – Under 13

Must be 11 years old on 28th April 2019 or 12 on 31 August 2018
Born between 1 September 2005 and 28 April 2008

Boys and Girls – Under 15

Must be 13 or 14 on 31 August 2018
Born between 1 September 2003 and 31 August 2005

Boys and Girls – Under 17

Must be 15 or 16 on 31 August 2018
Born between 28 April 2001 and 31 August 2003

Please see overleaf for registration and contact details

REGISTERING MADE EASY

To register for the London Mini Marathon trial to represent Barnet you just need to follow this simple 2 stage process:

1. Register with parkrun on-line <http://www.parkrun.org.uk/oak-hill/>

Once registered, you will receive an email which has a link to print a barcode – click on the link & **print off your barcode which you will need to take with you.**

If you are already registered but have lost your barcode you can get a reminder email via <http://www.parkrun.org.uk/oak-hill/>

2. Once you have received your barcode email jeremy.sothcott@btinternet.com to advise that you will be attending the trial on 23rd March

If you cannot attend the trial on 23rd March then we can use any of your race results from the Oakhill Parkrun from the 26th January 2019 to 16th March 2019.

We are also selecting from an alternative Oakhill race (same course) on Sun 24th March (9am) for any athletes that cannot compete on a Saturday for religious reasons.

For more information contact Jeremy Sothcott - jeremy.sothcott@btinternet.com

Final selection for the Virgin London Mini Marathon (3miles) on Sunday 28th April will be agreed by the team managers.

GOOD LUCK