Smoking cessation pathways overview

Healthy Living Hub Barnet Task and Finish group

Last updated: 28 November 2022

All pathways are for adults aged 18+ years

Royal Free London NHS Trust LINKS TO OTHER HEALTH BEHAVIOURS AND SUPPORT **NEEDS** Service signposts and offers direct referral to Alcohol and substance misuse service in Barnet Signposts to GP for weight management support Information given to RFL staff complete RFL staff offer referral RFI staff offer person smoking cessation service to local smoking London or national referral on Cerner cessation services resources Barnet Stop Smoking Service RFL staff identify a need that could be addressed by social prescribing If person is pregnant, service informs to support quit Accesses local. **Smoking Cessation** attempt RFL staff identify person smokes and Midwife Champion if regional, or offer Very Brief Advice and Nicotine national unable to contact Replacement Therapy resources for Self-refers online or PATHWAYS UNDER DEVELOPMENT self-help online through Stop Smoking (for ED, Maternity, Outpatients, (e.g. through London Inpatients) One You / Your RFL staff make Health Barnet) request to GP in discharge summary or letter Attends RFL (direct access or referred by primary care) Person living in **Barnet** Sees a GP or other community healthcare professional in primary care Signposted by Community Champions to Barnet Community pharmacy smoking Stop Smoking & Stop cessation service Smoking London PATHWAY UNDER GP or community healthcare websites GP or healthcare professional DEVELOPMENT professional identifies person (Champions have identify a need that could be smokes and offers Smoking received VBA / addressed by social prescribing cessation support Level 1 Smoking Awareness course) Person Seen by social prescribing link Person supported referred to Person referred to worker based in Primary Care Person referred to by in-house Barnet Federated Stop Smoking Network commissioned service in their GP Barnet GPs Out-of-Hours (SPLW have received VBA / Level 1 pharmacy scheme practice (24 service (complex Smoking Awareness course practices) cases) signpost or refer by nhs.net email to Barnet Stop Smoking service) **Borough-based services and assets** (Local authority and Voluntary & **Primary care NHS services Community Sector)**

Websites: One You Barnet (will be replaced by Your Health Barnet) https://www.oneyoubamet.org/

Alcohol pathways overview

Healthy Living Hub Barnet Task and Finish group

Last updated: 28 November 2022

All pathways are for adults aged 18+ years

Royal Free London NHS Trust LINKS TO OTHER HEALTH BEHAVIOURS AND SUPPORT **NEEDS** CGL registration form asks about nicotine in the section on substances. CGL offers referral to Barnet Stop Smoking Person does not RFL staff signpost to service require input from local and national RFL Alcohol resources and brief RFI staff refer Liaison interventions as person to RFL PATHWAY MAY appropriate Alcohol Liaison **INCLUDE** REFERRAL TO RFL Alcohol Change Grow Live Barnet LOCAL Liaison offer **SERVICES - TBC** referral to local RFL staff identify a services or need that could be appointment in addressed by **RFL** Outpatient social prescribing clinic Drink Coach Accesses local, RFL staff screen for alcohol intake (website) regional, or national resources PATHWAYS AND THRESHOLDS UNDER DEVELOPMENT for self-help online RFL Alcohol Liaison (e.g. through One (for ED, Maternity, Outpatients, Outpatient clinic You / Your Health Inpatients) Barnet) RFL staff make Person self-refers by request to GP in discharge summary phone or accesses online resource or letter Attends RFL (direct access or referred by primary care) Person living in **Barnet** Sees a GP or other community healthcare professional in primary care Signposted by Community Champions to primary GP or community healthcare GP or healthcare professional care or local services professional screens for alcohol identify a need that could be for health issues or intake and follows NCL Alcohol addressed by social prescribing concerns, with focus primary care pathway on cost of living and (PATHWAY IN DRAFT) mental health Person offered Person referred to brief intervention Seen by social prescribing link local alcohol and signposting to worker based in Primary Care service according resources Network to pathway according to pathway **Borough-based services and assets** (Local authority and Voluntary & **Primary care NHS services Community Sector)**

Websites: One You Barnet (will be replaced by Your Health Barnet) https://www.oneyoubamet.org/

Weight management and physical activity pathways overview

Healthy Living Hub Barnet Task and Finish group Last updated: 24 November 2022

All pathways are for adults aged 18+ years

Websites: One You Barnet (will be replaced by Your Health Barnet) https://www.oneyoubamet.org/

Fit & Active Barnet hub https://www.better.org.uk/fab-hub

Note:

Additional weight management services are available for people with Type 2 Diabetes or risk factors - Diabetes Prevention Programme, Low Calorie Diet Programme (not shown)

Tier 4 services are available according to eligibility criteria - Bariatric surgery services at UCLH, Whittington Hospital, St Mary's Hospital (not shown)



