The Barnet Safeguarding Adults Board is a group of professionals who work with adults at risk of harm. Including the police, health services and the council.
We have written a plan to help protect, and keep safe, people living in Barnet.

This is called ‘safeguarding’.

Who are adults at risk?

- A person over 18 years old.
- Who cannot protect or look after themselves.
It could be because the person has a disability, or mental health problem.

Or because they are older and need to be cared for.

We asked people:

What makes people feel safe?

How can we stop abuse and neglect from happening?

How can we support a person who has been harmed?
There were some ideas that everyone thought were good.

Making sure that the adult at risk is at the heart of our thoughts and actions.

Listening, understanding and respecting the experience of the adult at risk.

Using this experience to improve services.
If you experience a crime you are treated with respect and dignity.

You are supported and given help to understand what a crime is and how to report it.

If you or someone you know is being harmed in any way by another person, please do not ignore it.

Contact Social Care Direct
Telephone: 020 8359 5000 (9am-5pm, Mon to Fri),
Telephone: 020 8359 2000 (out of hours)

Email: socialcaredirect@barnet.gov.uk
Or the police on 101.
If the danger is immediate, always call the police on 999.