

Delivering the NHS Five Year Forward View

An update on the development of a Sustainability and Transformation Plan for North Central London

20 March 2017

Message from Sir David Sloman, North Central London STP convenor

The STP Programme Delivery Board met this week to review and sign off the workstream delivery plans which have been developed over the last few weeks.

I am pleased to say that we endorsed the plans that have been developed for the urgent & emergency care, health & care closer to home and planned care workstreams. While we were fully aware that there are still significant risks to delivery, the feedback from our health & care cabinet and the finance & activity modelling group supported the priorities which had been set out.

We also supported the mental health delivery plan, but noted that some elements were still dependent on national funding agreements. We also recognised that there are other priorities we would like to take forward that require additional funding to be identified. While prevention is embedded in a number of workstreams (see below), the investment plans for the prevention workstream will also need additional funding to be identified before we can take them forward.

We did not focus on the details of the other workstreams, and will come back to these at future meetings. But we did note the importance of enabling workstreams such as workforce and digital in delivering our wider plans.

I am very impressed with all the hard work that has gone into these which has really taken a lot of the thinking forward, adding considerable implementation detail to the outline plans which had been developed in December last year.

I would also like to thank Mike Cooke for covering the STP convenor role in my absence for the last few weeks.

STP Progress Update

Activities last week:

- Health and Care Cabinet (formerly Clinical Cabinet) on 15 March – reviewed delivery plans for mental health and planned care workstreams
- London Assembly Health Committee meeting on 15 March – scrutiny of London STPs
- NCL Senior Analysts meeting on 16 March – explored opportunities for joint work across NCL
- NCL Finance and activity modelling meeting on 17 March – sign off of finance & activity components of STP
- NCL Joint Health Overview & Scrutiny Committee meeting on 17 March – scrutiny of proposed STP governance arrangements and approach to

- Programme Delivery Board meeting on 17 March – sign off of STP delivery plans

Activities planned for this week:

- Communications and engagement workstream meeting on 20 March
- NCL chief officers meeting on 21 March
- NCL STP programme managers meeting on 23 March

Prevention

Much of the burden of ill health, poor quality of life, and health inequalities in NCL is preventable. Between 2012 and 2014, an estimated 20% (4,628) of deaths in NCL were from preventable causes.

The NCL STP brings a sharp focus to how we can embed prevention into the work we do across all health and care services. Keeping people well or supporting them to recover can deliver many tangible and intangible benefits to individuals and the community. Improving people's quality of life and helping people feel more in control of their circumstances can take some of the pressure of the services that are currently struggling to keep up with the demand.

We want people who are living with one or more long term health conditions to better understand their condition. We want to support people to be active participants and managers of their own wellbeing while still having the confidence that there is the right care at the right time in the right place if they need it. This is how we can reduce health inequalities, as well as helping to manage demand for health and care services in now and into the future.

Prevention is grounded in evidence. We know that the right prevention and early intervention strategies work. By using the whole system, including council services, social care and the voluntary and community sector, we can build upon on the individual strengths that each part of the public sector can bring to preventing physical and mental ill health.

As well as traditional 'health professionals' this also means working with local authority housing officers and other organisations (such as the London Fire Brigade in preventing falls) and addressing the social determinants of health to build a healthier and more resilient community. We recognise the enormous contribution that voluntary and community sector organisations can make in achieving disproportionately greater improvements in health for residents with mental ill health and learning disabilities, specific BME groups, and those in the most deprived communities, and we are committed to working more collaboratively with these organisations.

Our prevention plan focuses on interventions and system change across the whole spectrum of prevention where there is strong evidence of effectiveness. This includes educating people on how they can stay well by reducing their risk of ill health. Programmes such as Mental Health First Aid which helps people understand and recognize signs of mental ill health and reducing the stigma of mental illness within the community. We have identified opportunities where we could quickly build upon successful local initiatives across NCL to achieve economies of scale and where we can clearly measure the impact of our plan.

Please circulate this as appropriate with colleagues inside your organisation. If you would like others added to the circulation list or if you have any questions, comments or suggestions about the content of this newsletter, which will be sent every Monday morning, please contact nclstppmo@nhs.net or 0203 688 2765.