



August 2017

Welcome to your July and August newsletter!



You've received this newsletter because you're signed up to the **People Bank**. The People Bank is the group of people who are invited to get involved in events and activities to help us improve social care and health.

In this newsletter we have:

- An update from the **Annual Engagement Summit 2017**
- An update on the **working groups**, including which groups are **coming up**
- An opportunity to **showcase your talents** as part of Silver Week
- An opportunity to **start up a new idea** with funding from the community
- An opportunity to **take part in research** about dementia
- Information about the **North London Disability Games** in October

If you have any feedback on the newsletter, anything you'd like to see or any general comments about getting involved, contact me on:

engage.adults@barnet.gov.uk or **020 8359 4712**



August 2017

Annual Engagement Summit - 6 July 2017



On Thursday 6 July we held the Annual Engagement Summit at the Ariana Banqueting Hall.

The most important people at the event were **you** - bringing your valuable experience of social care and health services. We also had managers from Barnet Council and Clinical Commissioning Group, local Councillors and people from voluntary groups.

The two aims for the Annual Engagement Summit were :

- To **celebrate** the work from the past year, and
- To work together to **decide priorities** for health and social care for next year.

Everyone who came to the event **voted on their most important topics** and we discussed these during the event.

The most popular topics were:

1. Quality in care homes
2. How do we know we are doing a good job in social care?
3. Carers support
4. Prevention services
5. Learning Disability services
6. Mental Health service changes
7. Keeping safe in the community
8. Keeping people up to date with community activities
9. Respite services
10. Joining up health and social care
11. Support people with multiple needs

Over the next year, each of the 11 topics will **become a working group** that will meet to talk about these topics and make suggestions for improvements.

We will send a copy of the report to everyone who came to the Annual Engagement Summit.

You can see the report online at www.barnet.gov.uk/citizen-home/get-involved/Annual-Summit or request a paper copy over email engage.adults@barnet.gov.uk or phone **020 8359 4712**.



August 2017

Working Group updates - opportunities to get involved



Thank you to all the People Bank members working hard in the different working groups. We have achieved a lot, which you can see in more detail on the website at www.barnet.gov.uk/wg-achievements

We have now finished our meetings on:

- Equipment and telecare
- Making services accessible
- Crisis intervention (Crash Pad service)

We also have an ongoing working group looking at the adult social care pages on the council website.

There are currently groups working on:

- End of life care
- Hospital discharge

We will now start planning out the working groups for next year on our 11 priority topics from the Annual Engagement Summit. Look out for new dates coming up.

Silver Week: Want to help us take over Brent Cross?



As part of Silver Week, we need your help to take over Centre Court at Brent Cross Shopping Centre.

On Tuesday 3 October we will be doing a showcase to **celebrate older people.**

We are looking for individuals or groups over 55 with a **talent, skill, hobby, achievement or story** to share.

Whether you are a world class violinist, a keen collector of stamps or an amateur knitter, we need you!

For more information or to get involved, get in touch on:

Email: PreventionandWellbeing@barnet.gov.uk

Tel: 020 8359 7573



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Got a great idea to improve Barnet? Looking for funding?



Pitch your idea to the community with the Barnet Together community crowd funding initiative.

With crowd funding, when you come up with a good idea you go to your local community. People from the community contribute as much money as they would like. You could also get £5,000 from Barnet Council.

It is an opportunity for people to pitch their ideas, big or small, to improve Barnet.

Take a look at what ideas people have already come up with and pitch your own idea here: www.spacehive.com/movement/barnet-together.

Are you over 50?

You can help with this research about reducing the risk of getting dementia.



University of Nottingham are carrying out an online survey to look at **what people would change** in their life to reduce the risk of getting dementia.

The survey will help researchers and health professionals to understand more about how to support people reduce their risk of getting dementia.

The survey takes 15 to 20 minutes to complete and all answers are anonymous. You could also win a £50 Amazon voucher.

www.nottingham.onlinesurveys.ac.uk/dementiasurvey



August 2017

Interested in sports and games?

For the 6th year!
ROTARY NORTH LONDON
DISABILITY GAMES
SUNDAY 15 OCTOBER 2017
ASPIRE LEISURE CENTRE, WOOD LANE, STANMORE HA7 4AP



EXCITING INDOOR ACTIVITIES INCLUDE:
BOCCIA · BOWLS · TABLE TENNIS
DARTS · BAGATTELLE · STICK BALL · QUILTS
WHEELCHAIR SLALOM · NEW AGE KURLING

For information on how to take part
contact your local Rotary Club
or email smaclachla@aol.com

WE'RE FOR COMMUNITIES

Rotary
Rotary in North London

Sponsored by the Rotary Clubs of:
Barnet, Bush Hill Park, Edgware & Stanmore;
Edmonton, Epsom & Borehamwood;
Enfield Chase, Golders Green;
London Centenary (I-Club);
Northwick Park, Radlett, Southgate.

Come along to the **Sixth Rotary North London Disability Games.**

Last year there were more than 70 contestants. They took part in competitions such as indoor bowls, wheelchair slalom, stick ball, table tennis, darts and many more.

The event takes place from 12-5pm, **Sunday 15 October** at Aspire Leisure Centre, Wood Lane,

Stanmore, HA7 4AP.

For more details contact your **local Rotary club** or smaclachla@aol.com

There is also a new resource about how disabled and deaf people can get involved in sports and physical activity.

You can find it here:

www.inclusionlondon.org.uk/training-and-support/consortia-working/into-sport-consortium/yes-can-engaging-deaf-disabled-people-sport-physical-activity/

