

Learning Disability Partnership Board Minutes

Meeting on 17 June 2014, 12.30pm – 4.30pm
Committee Room 1, Barnet House, 1255 High Road, London N20 0EJ



Full Board members who were at the meeting

Karen Morrell	Head of Integrated Care: Learning Disabilities and Mental Health (LDPB Co-chair)
Mahmuda Minhaz	People's Choice (LDPB Co-chair)
Ray Booth	Chair of the Carer's Subgroup
Steyn Crous	Healthwatch Barnet
Bernice Davis	Chair of the Housing Subgroup and Voluntary Sector Representative
James Evans	BCIL
Rhoda Fynn	Carer Representative
Kevan Hall	Service User Rep
Richard Harris	Chair of the Speaking Up Subgroup
Betzalel Lifschitz	Service User
Anthony Nicholson	Carer Representative
Phillip Rackham	Service User
Molly Rayment	Chair of Health Development Subgroup
Lizzie Reeder	LD Parliament
Sue Tomlin	Joint Commissioning Unit

Who supported the meeting

Andrea Constantinou	People's Choice
Gill Fosler	BCIL volunteer
Shilpa Shah	People's Choice
Caroline Powls	Barnet Council
Karina Vidler	Barnet Council/Barnet CCG

Who presented to the meeting

Ruth Carter	Service User (Item 5.2)
Stephen Craker	Barnet Council (Item 6)
Perpetua Kamwendo	Joint Commissioning Unit (Item 3)

Lex Karlin	Barnet Time Bank (Item 7)
Jasvinder Perihar	Barnet Council (Item 2)
Steve Leader	London Fire Brigade
Full board members who could not come to the meeting	
Shelley Gibbons	Co-Chair of Day Opportunities and Community Inclusion Subgroup
Susan Hawthorne	Healthwatch Barnet
David Holloway	Barnet and Southgate College
Maria Nash	Carer Representative
Chhaya Saha	Carer Representative
Lillie Stoute	Chair of Education and Employment Subgroup
Lots of subgroup members attended too.	

1. 	<p>Welcome, Apologies and Introductions</p> <p>Karen introduced herself as the Board's new co-chair, and was welcomed by members. Mathew Kendall was welcomed as a member of Adults and Communities Senior Management Team.</p> <p>Richard reminded people how to use the communication cards.</p>
2.   	<p>Workshop: Housing – Choice and Independence</p> <p>Bernice gave a presentation. She said that the Care Act says:</p> <ul style="list-style-type: none"> • Housing is important and good housing means better health. • Adult Social care and Housing should work together to meet people's housing needs. • There is more focus on what people want: <ul style="list-style-type: none"> - Where do people want to live? - What kind of house do they want? - Who do they want to live with? <p>We worked in groups to talk about these questions:</p> <ol style="list-style-type: none"> 1. What might change the kind of house you want? 2. What might stop you from having the house you want? <p>The things that groups said are at the end of these minutes.</p> <p>The co-chairs thanked the Housing Subgroup for the</p>

	<p>interesting workshop.</p> <p>Action 1: Sue to feed the information from the workshop into the review of the housing strategy.</p>
	<p>BUSINESS MEETING</p>
3.	<p>Self-Assessment Framework Action Plan 2014 – 15</p>  <p>Perpetua gave a presentation on the Self-Assessment Framework Action Plan 2014 – 15. Perpetua explained that, where possible, people's views given at the Board's last meeting are included in the final plan.</p> <p>Perpetua talked about the actions that are in the plan. These include help for people with diabetes and obesity, and supporting people into work.</p> <p>Action 2: Perpetua to send the Self Assessment Framework Action Plan 2014 – 15 to Board members.</p> <p>Action 3: Subgroup chairs to add relevant items from the plan to their workplans.</p> <p>Action 5: Karen to arrange for somebody from the LD Service to go to the Speaking Up Subgroup to talk about reviews.</p> <p>Action 4: Everyone to send their ideas about the How Are We Doing Day to Perpetua.</p>
4.	<p>Helping people to keep safe from fire in their homes</p>   <p>Steve Leader is London Fire Brigade Barnet Borough Commander. Steve said that his team can visit people in their own homes to help them keep as safe from fire as possible.</p> <p>The visit will look at:</p> <ul style="list-style-type: none"> - trying to stop a fire happening - planning how to get out if there is a fire. <p>Steve asked the Board to help him concentrate on people most at risk.</p> <p>Action 5: Everyone to:</p> <ul style="list-style-type: none"> - tell people who are at high risk of fire in their homes

	<p>about home fire safety checks and get them to contact Steve Leader</p> <ul style="list-style-type: none"> - contact Steve Leader if you know a group that would like a talk about fire safety, <p>Steve's email address is: Steve.leader@london-fire.gov.uk</p>
5.	<p>Complain for Change Campaign</p>  <p>Molly gave a presentation about a new campaign called Complain for Change. The campaign is helping people to make a complaint when they are not happy with their healthcare.</p> <p>Molly said that Barnet GPs are being asked to give out feedback forms to people with learning disabilities and their carers.</p> <p>New leaflet on keeping healthy</p>  <p>Shilpa told members that Ruth Carter has made a very useful leaflet about keeping healthy. Ruth has used information from the drop-in sessions she runs in New Barnet to make the leaflet. If anyone would like a copy of the leaflet, they can see Ruth.</p>
6.	<p>Ageing Well Programme</p>   <p>Stephen gave a presentation about the Ageing Well Programme. He said that:</p> <ul style="list-style-type: none"> • The programme aims to: <ul style="list-style-type: none"> - improve access to local information and advice - help residents to help and support each other. • 'Altogether Better' schemes in East Finchley and Burnt Oak run lots of local projects. • 'Altogether Better' schemes have just been set up 'Edgware and Stonegrove' and in 'High Barnet and Underhill'. • There are borough-wide projects including the Barnet Timebank Network, the Barnet Casserole Club and The Men's Shed.

	<p>The programme would like people with learning disabilities to get involved.</p> <p>Action 6: Everyone to contact Stephen Craker if you would like to get involved in the Ageing Well Programme. Email: Stephen.craker@barnet.gov.uk</p>
<p>7.</p>  	<p>Time Bank in Barnet</p> <p>Lex gave a presentation on Timebanking in Barnet. He said that:</p> <ul style="list-style-type: none"> • Barnet Council and the Clinical Commissioning Group have funded Timebanking UK to run time banks in Barnet for two years. • There will be four time banks in the east of the borough. • People can spend an hour doing something to help somebody and earn a 'credit'. • They can then spend the 'credit' by having somebody helping them for an hour. • People can spend their time doing lots of different things such as gardening, cooking and befriending. • Organisations can also swap things, such as lending a minibus and receiving training. <p>Action 7: Everyone to contact Lex if you would like to get involved in Timebanking</p> <p>Email: barnet@timebanks.co.uk Phone: 0887 249910</p>
<p>8.</p> <p>8.1</p> 	<p>Carers' Strategy Action Plan 2014-15</p> <p>Jasvinder gave a presentation about the Carers' Strategy Plan 2014 - 15, The main points were:</p> <ul style="list-style-type: none"> • The Care Act means that more carers will have their needs assessed and support put in place for them. • The plan covers these important areas: <ul style="list-style-type: none"> - recognising carers early and providing support - giving carers good information and advice - helping carers to find or stay in paid work - carers being expert patients in care.

<p>8.2</p>  	<p>Ray said that carers are saying that the Direct Payments process is confusing and too difficult. Jasvinder said that she is linking with DP Advisers to provide training to carers on this.</p> <p>Karen said that the Council is doing a review of the Direct Payments.</p> <p>Action 8: Everyone to tell Caroline Powls if they would like to feed their views into the Direct Payments review or join the Direct Payments Forum.</p>
<p>9.</p>   	<p>Important things for Healthwatch Barnet to do this year</p> <p>Steyn gave a presentation on what Healthwatch Barnet did last year and what it plans to do in the next year.</p> <p>Steyn said that two of the main things done last year are:</p> <ul style="list-style-type: none"> • The 'Talk to Me' report was taken by Ray to the Health and Well-Being Board and it also went to the CCG Board. • The CCG has agreed to double appointment times at GP surgeries for people with learning disabilities. <p>Betzalel said that he feels that health services do not understand him. Steyn said he would tell this to Healthwatch Barnet.</p> <p>Action 9: Steyn and Molly to talk together about work done by the Barnet LD Service, including work on dental services, and the work of the Community Nurse.</p> <p>Action 10: Everyone to tell Healthwatch Barnet if they think there are important things to do next year which are not in their plan. Email: info@healthwatchbarnet.co.uk</p>
<p>10.</p> 	<p>LD Parliament Update</p> <p>Liz gave an update for the LD Parliament. The main points were:</p> <ul style="list-style-type: none"> • Parliament is now meeting every two months and has refreshed the Parliament Code of Conduct.

	<ul style="list-style-type: none"> Benji has been collecting lots of people's views for the report on access needs to the new Brent Cross. If people would like to make any more comments about this, they can see Benji and fill out a form.
11.	Spoken updates on Subgroups:
11.1	<p>Richard gave an update on the Speaking Up Subgroup. Richard n subgroup. Richard said:</p> <ul style="list-style-type: none"> Jonathan Morris, who is Peer Support Brokerage Team Manager at BCIL, visited the Subgroup. He talked about how to get an advocate. Molly came to speak to the Subgroup about her work with local GPs The council has finished the word and pictures bank work.
11.2	<p>Ray gave an update on the Carers' Subgroup. Ray said:</p> <ul style="list-style-type: none"> Issues for family carers managing difficult behaviour at home is a concern. This is raised in this year's Safeguarding Adults Board report. There has been training on challenging behaviour for carers. The new Working for You service will be providing advice, information and support for family carers where the person has autism and is not FACS-eligible. There has also been training for family carers who care for people with autism. There is a lot going on regarding transition. It is important for carers to be involved in transition planning.
12.	<p>Minutes of the last meeting, matters arising and actions review</p>  <p>The minutes were not looked at because the meeting was running late.</p> <p>People told the Board about actions they had done. The actions that have been done are shown in the Board's</p>

	<p>Actions Log.</p> <p>Shelley said that there is good news about Barnet Mencap's video persuading young people not to smoke. The video has been shortlisted in a competition.</p>
13.	<p>Any other business</p> <p>13.1 Ray said that a lot of subgroups are struggling to get members to come along. Action 10: Everyone to let Ray or Karina know things we can do to get more people to come along to subgroups.</p> <p>13.2 Molly said that the Royal Free Hospital is taking on the acute liaison nurse role . A permanent post will be advertised in early July.</p>
14.	<p>Important things we want to tell other Partnership Boards about LDPB's work</p>  <ol style="list-style-type: none"> At its June meeting, LDPB has had a workshop on housing and will feed information into the review of the housing strategy The Board is working to make sure that health and social care services communicate well with people with learning disabilities. LDPB has good links with the Mental health Partnership Board and wants to know about what other Boards are doing as well.
15.	<p>Feedback Forms</p>  <p>Karen and Mahmuda asked people to fill in a form giving feedback on the meeting.</p>
	<p>Next meeting:</p> <ul style="list-style-type: none"> Tuesday 16 September 2014 12.30pm – 4.30pm (Lunch at 12.00) Committee Room 1, Barnet House, 1255 High Road, London N20 0EJ



Future items

- Hate Crime Workshop
- Welfare Benefit Changes: to invite Job Centre Plus
- Moving from children's to adult services (Transition)
- Using Information Technology (such as social media)

LDPB Actions Log

Date Agreed	Action Number	What LDPB has agreed to do	Who will do this action
18 March 2014	1	Think about what subgroups can do to make things better for family carers when developing their workplans.	Subgroup chairs
Date Agreed	Action Number	What LDPB has done. (All these actions have been done.)	Who has done this action
18 March 2014	1	Give any comments to Perpetua on the LD Self-Assessment Framework Draft Action Plan for 2014-15 by 17th April.	Everyone
18 March 2014	2	Bring the LD Self-Assessment Framework Draft Action Plan for 2014-15 back to a future LDPB meeting.	Perpetua
18 March 2014	3	Give views on access issues about the new Brent Cross development as soon as possible to Benji.	Everyone
18 March 2014	4	Give details of any independent shops who would like to act as a 'Safe Place' to Kevin Tait.	Everyone
18 March 2014	5	Send the health passport to Board members again.	Molly
18 March 2014	6	Send comments to Molly on the forms that have been made for GP surgeries issued at the meeting.	Everyone
18 March 2014	7	Send a link to the board so they can watch and vote in a competition for Barnet Mencap's video persuading young people not to smoke.	Shelley

LDPB – Housing Workshop at LDPB on 17 June 2014
Notes of group discussion

1. Anything that might change the kind of house you want

- Your circumstances change, what is right for you at the time – needs can change
 - health and / or social care needs (needing more support)
 - mobility
 - job or education status
- Wanting more independence
- Finance:
 - personal income
 - funding for support
- Costly:
 - High rents bedroom tax – benefit changes if you need a room for a carer
 - in cheaper properties will be at risk of being bullied/getting into wrong company
 - Private renting can be very expensive and may not be covered by benefits
- A good person-centred plan
- To have advice and information available about housing options
 - to have independent advice
 - housing plan + pathway personal choice: sharing / independence
 - where to go for information and advice information - needs to be accessible
- Changing relationships:
 - Flatmates, getting married or bereaved
 - If your family/network move - might be lonely
 - Can get lonely on your own.
 - Death of parents – leaving home for the first time
 - If family member dies or is no longer able to care
- Neighbour nuisance – don't feel safe, noise from neighbours.
- Knowing local people
- Change in services
- Lack of services in the area you want (i.e. transport, day services, supported living)
- Struggling to find suitable accommodation where your health, safety and wellbeing are important – near family and friends.

- Physical barriers
- To have a pet
- To have own garden
- Family Carer role – views and resistance.
- Limited choice and opportunities
- When people are being reviewed – is housing being considered?
- People with Learning disabilities don't seem to use mainstream house share services e.g spare room.com
- Right house but wrong location
- Some places are too small
- Knowing where things are – the area is important “N11”
- It can take a long time
- Moving can be stressful
- Borough boundaries can be confusing.

2. Anything that might stop you from having the house you want

- Shortage of housing:
 - Shortage of social housing - Barnet Council do not have enough homes/flats
 - Can be on the waiting list 3 – 4 months and in temporary accommodation
 - No DSS rule
 - No suitable properties
 - What arrangements can be made with Private Landlords?
 - Lack of housing in the area you want
 - Support for people to access and view
 - Open House event – visits etc. what is the possibility of an on-going programme
 - If planning for future needs / projections is not being done – also numbers of people waiting
- Cost/money
 - Financial changes/benefit changes
 - Benefits changes are a barrier
 - High rents: Market – type of house – price
 - lack of money e.g. on benefits - funding for support
 - Rising house prices
 - Affordable properties are often very small
 - Managing Council Housing benefit – changes/requests for info/debt/arrears/writing letters/appealing/the system is hard to navigate for someone with Learning Disabilities

- Council procedures/rules
- Not having advice, information, especially independent advice:
 - Not knowing about the types of housing available
 - Bring together all the lists of information on accessible housing
- Lack of services in the area you want (i.e. transport, day services, supported living)
- If people around you don't support you in your choice (eg family members, social worker)
- Access may be difficult for people with disabilities
- Need greater access to adaptation services.
- You might need support to eat and live healthily
 - the right level of support
 - long term
- Too far from friends and family
- People don't get a choice of who they live with – often placed where there is a vacancy.
- Some people prefer to live with friends – people's capacity to make a decision about where they live is crucial. Government's agenda is independence.
- Capacity to make choices and decisions
- Need to cater for individual needs.
- Lack of staff, support etc – homes already established not able to meet people's needs.
- People are left alone for too long, no supervision at night. Can eat unhealthy food
- Need more risk assessment – joint working
- Access to everything
- Conditions e.g. no pets
- Location
- Support from family or social worker
- Lack or loss of confidence
- Having high needs: People with complex needs will need different types of housing
- What tools are available for Social workers/key workers – being able to work through realistic options?
- Afi Hossein Housing (Barnet Homes) – point if contact in adults social care
- The thinking attitude of people (like social workers) who help people to make best interest decisions on behalf of others
- Renting: the house might be sold – tenants rights