

**Minutes**  
**Mental Health Partnership Board**  
**Friday 26 July 2013**  
**Barnet House, 1255 High Road, Whetstone N20 0EJ**

<b>Attendees (listed alphabetically by first name)</b>	
Allan Johnson (AJ)	Multilingual Wellbeing Service
Anna Clarke (AC)	The Manor House Centre for Psychotherapy & Counselling
Aviva Trup (AT)	Jewish Care
Bharat Taank (BT)	Service User
Carol Baxter (CB)	The Network
David Morris (DM)	Carer Rep
Gillian Goddard (GG)	Depression Alliance
Hazel Hewett (HH)	Relate London North West
Ian Hutchison (IH)	Barnet Council
Janet Alldred (JAI)	Barnet, Enfield and Haringey Mental Health Trust (BEHMHT)
Karina Vidler (KV)	Barnet Council and Barnet Clinical Commissioning Group
Kate Beaumont (KB)	Richmond Fellowship
Leah Murphy (LM)	Service User
Luke Culverwell (LC)	Service User
Lynn Hoey (LH)	Service User Rep
Maria O'Dwyer (MOD) Co-Chair	NHS Barnet Clinical Commissioning Group
Michael Benson (MB)	Barnet, Enfield and Haringey Mental Health Trust (BEHMHT)
Nahida Syed (NS)	Barnet Asian Women's Association
Nazee Akbari (NA)	Barnet Refugee Service
Ranil Jayasinghe (RJ)	Service User
Richard Akpengi (RA)	One Housing Group/One Support
Ross O'Brien (RO)	Improving Access to Psychological Therapies (IAPT)
Sharon Racklyeft (SRa)	Service User Rep
Temmy Fasegha (TF)	Barnet Council and Barnet Clinical Commissioning Group
Tracey Kane (TK)	Barnet Council (Minutes)
Wilfred Canagaretna (WC)	Healthwatch Barnet
<b>Presenting</b>	
Mina Fernando (MF)	Public Health, Barnet Council

Chrystalla Karvella (CK)	Eclipse Service
Karen Nelson(KN)	Eclipse Service
Selina Rodrigues (SRo)	Healthwatch Barnet
<b>Apologies</b>	
Dr Carole Solomons (CS)	Barnet Clinical Commissioning Group
Elsie Lyons (EL) Co-Chair	Barnet Voice
Iain Hird (IH)	One Housing Group
Anne Ince Vize (AI-V)	Depression Alliance/Rethink
Claire Newton (CN)	Barnet Voice
Helen Duncan-Turnbull (HD-T)	Barnet Council
Jonathan Ashby (JAs)	Barnet Bipolar Self-Management Groups
Kim-Eng Sherwood (KES)	Service User
Michelle Crouch (MC)	One Housing Group
Lucy Nyoki (LN)	The Network
Teresa Gilchrist (TG)	Carer Rep
Ulla Chisholm (UC)	Carer Rep

Item No	Description	Action By
1	<p><b>Welcome, Introductions and Apologies</b></p> <p>MOD welcomed all to the meeting, introductions were made and apologies noted. MOD reminded members of the Board's Code of Conduct, which was displayed on tables.</p>	
2	<p><b>Public Health Introduction</b></p> <p>2.1 MF provided an introduction to Public Health which became part of Barnet Council in April 2013. MF reported that Public Health will continue to support CCG health initiatives and that their work involves:</p> <ul style="list-style-type: none"> <li>• surveillance and assessment of the Barnet population's health and wellbeing</li> <li>• undertaking targeted work for the Barnet population</li> <li>• leading on health improvement</li> <li>• health protection and ensuring that appropriate plans are in place</li> <li>• reviewing current services</li> <li>• supporting health commissioning and undertaking commissioning activities with the CCG and Public Health England</li> <li>• work on tobacco control and smoking cessation, and health checks for people with mental health problems.</li> </ul> <p>2.2 Members noted that Public Health has an important role in supporting the work</p>	

<p>2.3</p>	<p>of MHPB, particularly in terms of:</p> <ul style="list-style-type: none"> <li>• activities to keep people well (ie 'prevention' work)</li> <li>• involving the Board in updating the Joint Strategic Needs Assessment, which sets out the health and care needs of Barnet residents</li> <li>• helping to shape the MH commissioning strategy, and working to implement part of the strategy.</li> </ul> <p>It was noted that TF has been working with Public Health to inform the development of the ADHD and the Autism services.</p>	
<p>3</p> <p>3.1</p> <p>3.2</p> <p>3.3</p>	<p><b>Update on proposed changes to the Mental Health Trust Severe Complex Non-Psychotic/Personality Disorder Service</b></p> <p>JA provided an update on changes in the Mental Health Trust's Personality Disorder Service, reporting that:</p> <ul style="list-style-type: none"> <li>• following a consultation, structured case management teams are being brought together as one set of teams.</li> <li>• In Enfield and Haringey one team will deliver therapies, including triage and assessment. The team will be in place by the end of October 2013. The triage and assessment service will assess people and move them on to the relevant service.</li> <li>• Barnet does not have a Personality Disorder Service. A non-urgent care advice line has been set up in Barnet and will be staffed by a trained clinician.</li> </ul> <p><b>Action 1</b> Arrange for an update on the Mental Health Trust's consultation on the Severe Complex Non-Psychotic Service as a future agenda item.</p> <p>GG suggested that the changes, and information on what is available in Barnet, should be publicised in leaflets for service users, in both easy read and standard format.</p> <p><b>Action 2</b> Speak with colleagues and update the Board on how the Mental Health Trust is publicising changes in services in Barnet so that service users will know what services are available and how to access these.</p> <p>Members were pleased to note that JA would regularly attend its future meetings, representing the Mental Health Trust.</p>	<p>TF/KV</p> <p>JAI</p>
<p>4</p>	<p><b>Workshop on the Mental Health Commissioning Strategy 2013-2015</b></p> <p>TF gave a presentation on the Mental Health Commissioning Strategy (Attachment 1). Members worked in small groups to discuss implementation of the strategy in Barnet, considering:</p> <ul style="list-style-type: none"> <li>• Have we got the balance right?</li> <li>• What are the key things to get right in implementing the strategy in Barnet?</li> <li>• Who should be involved in implementing the strategy in Barnet and what are their roles?</li> </ul> <p>Key points from this discussion are recorded at Appendix 1. It was noted that these would be fed into the planning of the strategy implementation.</p>	

<p><b>5</b></p>	<p><b>Presentation on the Eclipse Service</b></p> <p>KB, CK and KN delivered a briefing on the Eclipse Service, which is a preventative service for people in Barnet with mental health issues.</p> <p>The Board noted that:</p> <ul style="list-style-type: none"> <li>• The service is run by a partnership led by Richmond Fellowship, working with Mind in Barnet and BCIL.</li> <li>• The elements the service has three elements: <ul style="list-style-type: none"> <li>- Recovery and inclusion</li> <li>- Peer support and mentoring</li> <li>- Mental health and wellbeing</li> </ul> </li> </ul> <p>Leaflets on the service were distributed to members.</p>	
<p><b>6</b></p>	<p><b>Update on Healthwatch Barnet</b></p> <p>SR delivered a presentation on Healthwatch Barnet and its recent and planned activities (Attachment 2).</p> <p>SRa suggested and members agreed that Healthwatch Barnet should consider Advance Directives for Mental Health and the availability of information on this subject.</p> <p><b>Action 3</b> Provide comments on Healthwatch Barnet's priorities to Selina Rodrigues: <a href="mailto:selina.rodriques@communitybarnet.org.uk">selina.rodriques@communitybarnet.org.uk</a></p>	<p>All</p>
<p><b>7</b></p> <p><b>7.1</b></p> <p><b>7.2</b></p>	<p><b>Update on Plans for World Mental Health Day 2013</b></p> <p>AJ delivered a presentation on the strategy for events in Barnet relating to World Mental Health Day on 10 October 2013 (Attachment 3). It was noted that:</p> <ul style="list-style-type: none"> <li>- the strategy will divide Barnet into 4 areas, to ensure that all parts of the borough are reached</li> <li>- events and road shows will run in different locations from 4 October to 10 October.</li> </ul> <p>AJ thanked Eclipse for a donation of £500, which has brought the budget for the events to £3200.</p> <p><b>Action 4</b> Look for further venues for events to ensure full geographical coverage and accessibility.</p> <p><b>Action 5</b> Link with Barnet Council Adults and Communities Communications Team and the CCG to publicise the events.</p> <p><b>Action 6</b> Link with Public Health to publicise the events and also regarding Public Health investment in the events</p>	<p>AJ</p> <p>AJ</p> <p>AJ</p>
<p><b>8</b></p>	<p><b>Consultation on Mental Health Trust Carers' Experience Strategy</b></p> <p>TF updated the Board on the Mental Health Trust Carers' Experience Strategy noting that:</p> <ul style="list-style-type: none"> <li>• the draft strategy was issued at the beginning of July 2013 for a two week</li> </ul>	

	<p>consultation</p> <ul style="list-style-type: none"> <li>Jasvinder Perihar (JP), Carer's Lead, held a meeting for Partnership Board to comment on the draft strategy. The general opinion of attendees was that the consultation period was too short. Comments were fed to the Mental Health Trust.</li> </ul> <p>MB reported that the Mental Health Trust had received many comments on the draft strategy and would be extending the consultation for a further 3 months.</p> <p><b>Action 7</b> Further update the board on the extension of the consultation period.</p>	MB/JP
<b>9</b>	<b>Minutes of Last Meeting &amp; Matters Arising, Actions Review</b>	
<b>9.1</b>	The minutes were approved as an accurate record. Progress on actions was reported and the actions log was updated (attached). There were no matters arising.	
<b>9.2</b>	It was noted that a report on the Summit in May 2013 had been circulated to members, and that the Health and Well-Being Board (HWBB) is keen to strengthen communication between itself and Partnership Boards.	
	<b>Action 8</b> Contact KV with any points regarding the Summit.	All
<b>10</b>	<b>Any other business</b>	
<b>10.1</b>	The Board noted the change of status of Barnet Bipolar Self Help Support Group (Paper 3).	
<b>10.2</b>	It was reported that Barnet Voice for Mental Health has taken the decision, on the basis of a members' vote, to remain independent of BCIL. <b>Action 9</b> Report to the Board's next meeting on the impact of this decision.	EL
<b>10.3</b>	A Board member asked whether Barnet Council, the CCG and the Mental health Trust are looking at information on Mental Health that is available in primary care. TF advised that the Board's working group looking at this subject would report to a Board meeting in the near future.	
<b>11</b>	<b>Future Agenda Items:</b> <ul style="list-style-type: none"> <li>Re-commissioning of Wellbeing Services</li> <li>Update on Triage and Urgent Care Service (October 2013)</li> <li>Update on Step Down Project (January 2014)</li> <li>Barnet Council Review of Leisure Services</li> </ul>	
<p><b>Next Meeting:</b> Tuesday 8 October , 2.00pm – 5.00pm Committee Room 1, Barnet House, 1255 High Road, Whetstone N20 OEJ</p>		

**Appendix 1**

**Workshop Discussion on  
Mental Health Commissioning Strategy 2013-2015 (Agenda Item 4)**

<b>Question 1:</b>	<b>Have we got the balance right?</b>
	<ul style="list-style-type: none"> <li>• Alongside ‘engagement’ how will key messages be communicated?</li> <li>• Cultural needs</li> <li>• Mental Health Strategy looks good. However practicalities (<u>NO</u>). Monitoring/evaluation of the services? Publicity – where?</li> <li>• Limited services for BME community and LGBT</li> <li>• Balance:             <ul style="list-style-type: none"> <li>- How do services interconnect?</li> <li>- What is the care pathway?</li> <li>- How to access?</li> <li>- Where do people get advice and information?</li> </ul> </li> <li>• The lack of education planning, particularly self management, mental health training and a budget for mental health promotion seem to be lacking and need amending.</li> <li>• Barnet is mentioned as a deprived area but it is an affluent area.</li> <li>• Stated that 1 in 6 in Barnet suffer from mental health problems but elsewhere is 1 in 4.</li> </ul>
<b>Question 2:</b>	<b>What are the key things to get right in implementing the strategy in Barnet?</b>
	<ul style="list-style-type: none"> <li>• Targeted at demographic (i.e. ethnicity, age, etc)</li> <li>• Schools and colleges</li> <li>• Integration of public health and prevention/promotion</li> <li>• Voluntary sector – peer to peer opportunities</li> <li>• Monitor – evidence base</li> <li>• Information and communication</li> <li>• Pathways: exiting services as well as entering services</li> <li>• How the systems work</li> <li>• Sharing information across different organisations</li> <li>• Shared communication ‘hub’</li> <li>• Peer support throughout the priority areas</li> <li>• Younger adults, transitions, schools programme</li> <li>• Breakdown of where the investment is and how it will change</li> <li>• Timescales, benefits, how this will be measured</li> <li>• Management and continuity/communication</li> <li>• Service user led service</li> <li>• Merging primary and secondary care: GP Surgery/One Stop Shop</li> <li>• Harness social capital/extending day opportunities</li> <li>• Supported housing increased - Lifeline</li> <li>• Need a communication plan to inform how the services will change from a secondary to a primary focus</li> </ul>

	<ul style="list-style-type: none"> <li>• The importance of steering away from some NHS services to voluntary support groups and organisations needs greater budgetary provision</li> <li>• The formation of a schizophrenia self help support group is noticeably lacking</li> <li>• Need better communication (mental health leaflets in GP surgeries)</li> </ul>
<p><b>Question 3:</b></p>	<p><b>Who should be involved in implementing the strategy in Barnet and what are their roles?</b></p>
	<ul style="list-style-type: none"> <li>• Housing suppliers</li> <li>• Cross representation at all levels</li> <li>• Transformation board</li> <li>• Stakeholders e.g. survivors/careers/GPs</li> <li>• Implementation:             <ul style="list-style-type: none"> <li>- Patient focused services</li> <li>- Support the people who are most vulnerable</li> <li>- Community led – getting networks involved</li> <li>- Need to look for investment to promote change and educate the population</li> <li>- How do we monitor and identify success?</li> </ul> </li> </ul>
<p><b>Further points made:</b></p>	
	<p>Missing elements:</p> <ul style="list-style-type: none"> <li>• Debt counselling and finance</li> <li>• Benefits advice and support</li> <li>• Crime/fraud scams etc</li> <li>• Safeguarding</li> <li>• People with lived experience on implementation panel</li> <li>• GP surgeries – reception need info and advice</li> <li>• Do we mean spend? Do we mean the priority areas?</li> <li>• Individuality of people</li> <li>• Good/positive mental health messages</li> <li>• How can we extend the model to other health professionals?</li> </ul>

**Mental Health Partnership Board Actions Log following review at Board meeting 26 July 2013**

**PART 1: Open Actions**

<b>Date Agreed</b>	<b>Action No</b>	<b>Action</b>	<b>Responsibility</b>	<b>Status</b>
21 March 2013	1	Arrange for a presentation on the NHS 111 Service to the Board's next meeting and for leaflets on the service to be made available at the meeting	Temmy Fasegha/ Karina Vidler	Open
14 Feb 2013	3	Issue a standard letter to: <ul style="list-style-type: none"> <li>- current service users and carer members receiving reimbursement of travel expenses and payments</li> <li>- new service user and carer Partnership Board members when they are recruited</li> </ul> confirming that they are undertaking involvement and <u>not</u> employment.	Louanna Prince	Open
14 Feb 2013	4	Identify five people from Mental Health providers who would like to be facilitators in Board workshops (training to be provided).	Karina Vidler	Open

**PART 2: Actions closed by Co-Chairs at Board Meeting 26 July 2013**

21 March 2013	2	Contact the new Eclipse service in Barnet to explore joint initiatives.	Jonathan Ashby	<b>Closed</b>
21 March 2013	1	Send any further ideas for World Mental Health Day 2013 events to Allan Johnson.	All	<b>Closed</b>
21 March 2013	2	Feed into Summit planning: points from MHPB discussion on its achievements, priorities and challenges, and suggestions for workshop questions.	Karina Vidler	<b>Closed</b>
14 Feb	3	Support individual members who may be concerned about	Louanna Prince	<b>Closed</b>

2013		loss of benefits		On-going support being provided as needed.
14 Feb 2013	4	Refer to the Health and Well-being Board request to amend the Reward and Recognition policy so that somebody can choose to have an incentive payment in vouchers rather than a cash payment.	Emily Bowler	<b>Closed</b> Response circulated to Board 02/07/13
14 Feb 2013	5	Circulate notes of 'Clean Slate Review' discussion to MHPB members, inviting them to raise any further issues.	Karina Vidler	<b>Closed</b> Notes circulated 19/03/13. Further invitation to raise issues sent 15/04/13
14 Feb 2013	6	Send the points raised in the 'Clean Slate Review' discussion to Lee Bojtor and Maria Kane at the Mental Health Trust.	Co-chairs	<b>Closed</b> Letter sent 23/05/13
14 Feb 2013	7	Arrange for Code of Conduct to be laminated and displayed on tables at MHPB meetings	Karina Vidler	<b>Closed</b>
14 Feb 2013	8	Further develop outline Forward Plan and use as basis for meeting agendas	Temmy Fasegha	<b>Closed</b>
15 Jan 2013	9	Look into reports that ambulance staff are allegedly being offered cash incentives to redirect people to pharmacies/GPs as a way of freeing up resources.	Maria O'Dwyer	<b>Closed</b> in absence of specific information
15 Jan 2013	10	Report back to the board once the Step Down project has been running three months.	Jonathon Stephen	<b>Closed</b> Agenda item scheduled for Board meeting January 2014
15 Jan 2013	11	Deliver a presentation on the Mental Health Day Opportunities service at a future Board meeting (May/June).	Kate Beaumont	<b>Closed</b> Agenda item for Board meeting 26/07/13
08 Nov 2012	12	Before the Board's next meeting, advise members how information from the workshop on 2013/14 Mental Health Commissioning Intentions will be used.	Temmy Fasegha	<b>Closed</b> Information has been fed into development of new strategy.

11 Sept 2012	13	<b>Remodelling of Primary Care Mental Health Teams in Barnet</b> Use workshop discussion output to inform the piloting and implementation of the service.  Work together on what is available in the voluntary sector.  Circulate the link worker role description to the Board  Liaise with advocacy services to enable them to perform an ambassadorial role, and share with them blank assessment documentation.	Colman Pyne, Osvaldo Soetsane	<b>Closed</b> that BEHMHT will present an update on the Triage and Urgent Care Service at MHPB's 08/10/13 meeting
11 Sept 2012	14		Colman Pyne Yessica Alvarez Kate Beaumont	
11 Sept 2012	15		Osvaldo Soetsane Karina Vidler	
11 Sept 2012	16		Osvaldo Soetsane	
19 June 2012	17	Liaise with the Mental Health Trust to obtain name of senior manager attending MHPB meetings as soon as agenda is available.	Temmy Fasegha Karina Vidler	<b>Closed</b> Name of senior manager to attend meetings advised by Trust