



**Activities Timetable – Spring Term 2019 (January 2 – April 5 2019)**  
**Bell Lane Primary School & Children's Centre**  
**Bell Lane, Hendon NW4 2AS Tel: 020 8203 3115 (option 3)**  
**email: [ccentre@belllane.barnetmail.net](mailto:ccentre@belllane.barnetmail.net)**  
**Opening hours 9am-5pm**

Monday	Tuesday	Wednesday	Thursday	Friday
<p><b><u>Vitamin Collection</u></b> 8.30 – 10.30am Bring your Healthy Start vouchers to collect vitamins from the centre</p>	<p><b><u>Stay &amp; Play</u></b> 9.30 – 11am Play session with messy play and singing for under fives Drop-in £1 per family</p> <p><b><u>Speech &amp; Language Advice – in Stay &amp; Play</u></b> Drop-in with the Speech &amp; Language Therapy Assistant</p> <p>22 January, 5, 26 February Dates TBC</p>	<p><b><u>Baby Clinic</u></b> 9.15 – 11.15am Baby weighing and Health Visitor drop-in session</p> <p><b>Last entry strictly before 11:15am</b></p>	<p><b><u>ESOL Entry Level 1</u></b> 9 – 11am 12-week Course 10 January – 4 April</p>	<p><b><u>ESOL Entry Level 2/3</u></b> 9 – 11am 12-week Course 11 January – 29 March</p>
<p><b><u>Bell Lane Buddies Parents' Forum</u></b> 4 February 2019 2pm - 3pm</p>	<p><b><u>Welfare Rights</u></b> 9.30 – 12noon Drop-in service with Amina Baadhio Information about benefits and how to apply</p> <p>15, 29 January, 12, 26 February and 12, 26 March 2019</p>	<p><b><u>Sensory Baby</u></b> 9.30 – 11am (Singing 10:15 – 10.45am)</p> <p>Sensory play for: Non-walking babies.</p> <p>Drop-in 50p per family Weekly handouts and information on a range of topics including Vitamin collection and tummy time.</p>	<p><b><u>Toddler Rhyme Time</u></b> 2pm – 2.45pm Drop in Singing and book time session for under 5's.</p> <p>£1 per family</p>	<p><b><u>Tip Top Twos</u></b> 9.30 - 11.00am Play session for two year olds only. Please book at reception limited spaces. £1 per family</p> <p>Course 1: 18, 25 January, 1, 8, 15 February 2019</p> <p>Course 2: 1, 8, 15, 22, 29 March 2019</p>
<p><b><u>Development Reviews Health Visitor Service</u></b> 9 – 11.30am By appointment only</p>	<p><b><u>Speech &amp; Language Advice Chatty Play</u></b> With Hadassah Lev By appointment only</p> <p>15 January - 5 February 25 February - 19 March</p>	<p><b><u>Development Reviews Health Visitor Service</u></b> 1 – 4.30pm By appointment only</p>	<p><b><u>Time to Talk</u></b> 2 – 4pm An opportunity to talk about childcare, Free Early Education, employment support, volunteering opportunities, parenting concerns, healthy living, and more.</p>	<p><b><u>Royal Free Hospital Midwifery Service</u></b> 12 – 4pm Postnatal services By appointment only</p>
<p><b><u>Stop Smoking Support</u></b> 10 – 12 noon Please book at reception</p>	<p><b><u>Back to Work</u></b> 2 – 4pm For information on local workshops and services to support you back into work. Please book at reception</p>	<p><b><u>One-to-one Feeding Advice by Appointment</u></b> 2- 4pm Information and support on breastfeeding, bottle feeding &amp; weaning Please book at reception</p>	<p>Please book at reception</p>	
<p><b><u>Music and Sparkles</u></b> 11 – 12 noon Drop-in £2 per child / £3 per family For under fives</p>				
<p><b><u>Free Entitlement to Early Education (FEE2)</u></b> 12.30- 3.30pm By invitation only</p>	<p><b><u>Free Entitlement to Early Education (FEE2)</u></b> 12.30- 3.30pm By invitation only</p>	<p><b><u>Free Entitlement to Early Education (FEE2)</u></b> 12.30- 3.30pm By invitation only</p>	<p><b><u>Free Entitlement to Early Education (FEE2)</u></b> 12.30- 3.30pm By invitation only</p>	<p><b><u>Free Entitlement to Early Education (FEE2)</u></b> 12.30- 3.30pm By invitation only</p>



## Additional activities provided from our link venues

Monday	Tuesday	Wednesday	Thursday	Friday
<p><b><u>ESOL Entry Level 1</u></b>  <b>Cheshir Hall</b>            9.30 – 12noon            Date TBC</p> <p>Foster Street, Hendon,            London, NW4 2AA            020 3764 4009</p>	<p><b><u>Sparkles</u></b>  <b>Hendon Baptist Church</b>            10 - 12pm            Term-time only            £2 per child            Play session for all            under-fives. Snack time            included.</p> <p>For more information            speak to Lindsay at the            Hendon Baptist Church.            Tel: 0208 203 4041            Hendon Baptist Church,            Finchley Lane, Hendon            NW4 1DJ</p>	<p><b><u>Toddler Rhyme Time</u></b>  <b>Hendon Library</b>            2.30-3.00pm            Term-Time only</p> <p>The Burroughs, London            NW4 4BQ</p>	<p><b><u>Stay and Play</u></b>  <b><u>Salvation Army</u></b>            Two sessions            9.30 -10.45am            And            11am -12.15pm</p> <p>£1 per child            Term-time only</p> <p>Play session for all            under-fives. Snack time            included.</p> <p>5 Brampton Grove            NW4 4AE            Tel: 020 8202 8343</p>	<p><b><u>Playgroup</u></b>  <b>New North London</b>  <b>Synagogue</b>            10 – 11.30am            Term-time only</p> <p>£2.50 for 1 child            £3.50 for 2 children</p> <p>80 East End Road            N3 2SY</p>
<p><b><u>Baby Massage</u></b>  <b><u>Salvation Army</u></b>            11 - 12.30pm            £2.50 per baby            Drop In</p> <p>For babies after six-week            check until crawling only</p> <p>Salvation Army            5 Brampton Grove            NW4 4AE</p>	<p><b><u>ESOL Entry Level 2/3</u></b>  <b>Cheshir Hall</b>            9.30 – 12noon            Date TBC</p>		<p><b><u>Speech &amp; Language</u></b>  <b><u>Advice – at the</u></b>  <b><u>Salvation Army Stay</u></b>  <b><u>and Play</u></b>            Drop-in with the Speech            &amp; Language Therapy            Assistant</p> <p>17 January 2019</p>	<p><b><u>Toddler Read &amp; Rhyme</u></b></p> <p><b>Finchley Church End</b>  <b>Library</b>            10am -10.30am            Term-Time only            318 Regents Park Rd,            London N3 2LT</p>
	<p><b><u>ESOL Pre-Entry Level</u></b>  <b>Cheshir Hall</b>            12 - 3pm            Date TBC</p> <p>Foster Street, Hendon,            London, NW4 2AA            020 3764 4009</p>			<p><b><u>Toddler Rhyme Time</u></b></p> <p><b>Brooklands Infant</b>  <b>School</b>            2.15 – 3pm</p> <p>Singing group for all            under-fives.</p> <p>18 January, 1 February,            1 &amp; 29 March 2019</p>
<p><b><u>Please Note</u></b></p> <p>- Timetable correct at the time of going to print – please contact the centre directly for up-to-date information.</p> <p>- We have messy activities and water in our stay and play sessions so please wear old clothes/bring a change of clothes for your child.</p> <p>- Bell Lane Children's Centre will be closed on:</p> <ul style="list-style-type: none"> <li>The centre re – opens on 2 January 2019</li> </ul> <p><b>Charging Policy</b></p> <p>To support maintaining the excellent services provided at Bell Lane Children's Centre we charge for some groups. Money collected will be contributing to the delivery of services at the Children's Centre. Other groups such as Sparkles and Hartbeeps are subsidised by the centre.</p> <p>Charges are as follows:            Please speak to a member of staff in the strictness of confidence if you are unable to pay.</p>		<p><b><u>Family Support/0-19 Hub Support</u></b></p> <p>Your local Children's Centre's are able to provide advice and guidance in a variety of ways, this includes: 0-19 behaviour management, housing advice, benefits advice, breastfeeding &amp; weaning support, sleep routines, toilet training and healthy lifestyles.</p> <p>The experienced staff can visit you at home, provide telephone contact and/or arrange meetings at a Children's Centre.</p> <p>Referrals to external services are available.</p> <p><b><u>Bus routes to Bell Lane Children's Centre</u></b>            143, 183, 326, 83, 242</p> <p>Nearest underground train station is Hendon Central</p>		

## South Locality Children's Centres

We work in partnership to offer a range of services with other children's centres in our locality:

- **Child's Hill Children's Centre**, Dersingham Road, Cricklewood, NW2 1SL  
020-8450-2141
- **Parkfield Children's Centre**, 44 Park Road, West Hendon, NW4 3PS  
020-8359-3590
- **The Hyde Children's Centre**, Hyde Crescent, Colindale, NW9 7EY  
020-8200-2959

For further information please go to [www.barnet.gov.uk](http://www.barnet.gov.uk) to view their timetables.