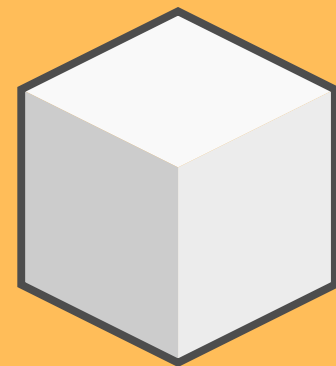


Sugar Smart is a local campaign that encourages organisations such as businesses, schools and early years settings to join the movement to reduce sugar and its effects on ill health.



SUGAR SMART

Barnet

Competition Time !

Competition details

National Smile Month between 13 May and 13 June 2024, is a time used to promote key oral health messages, which include cutting down how much and how often sugary food and drink are consumed. The early year's setting and school that completes the most Sugar Smart actions during National Smile Month, will be announced a winner & will win a bundle of prizes!

What is a Sugar Smart action?

This is an action that a setting commits to in support of reducing sugar consumption. Examples such as promoting water, removing sugary drinks, hosting sugar awareness events can be found [here](#).

How do early years settings/schools enter?

If you have already signed up to the Sugar Smart campaign, all you need to do is complete the [Sugar Smart Barnet form](#), select Sugar Smart actions and record activity like you normally would. For the duration of the competition, any actions completed in section **4**, **8** and **10** of the [Sugar Smart actions planning template document](#) will count as a **double action!**

If you would like to take part in the competition or would just like to sign up to the Sugar Smart campaign, please click [here](#).

For questions or queries please contact: [Lauren Neill](#) (early year's settings) or [Michelle Leon](#) (school settings)