



0-19 Early Help Hubs

Groups taking place in the Autumn Term 2020

AVA Children's Group – A 12-week group for children who have experienced domestic abuse to express their feelings and tell their story through play. Confidence building, safety planning and giving children a space to meet other children.

Date: Thursday 10 September 2020

Time: 4 - 5.30pm

AVA Women's Group – A 12 week support group for women who have experienced domestic abuse to promote safer relationships, raise self-esteem and increase an understanding of how domestic abuse has impacted on their child/ren and how to help them best help them through this.

Date: Wednesday 23 September 2020

Time: 10.30am – 12pm

Family Links Parenting Programme – Helping parents to reflect on their experiences as a child, of being parented and how this may affect how they parent now

Date: Thursday 24 September 2020

Time: 10 – 11.30am

Please make referrals via the [Universal plus form](#) or the Additional Intervention form on EHM for Family Service Practitioners

Please contact: Newstead Childrens Centre
for more information: 020 8359 3460

