



# 0-19 Early Help Hubs

## Groups for Autumn Term 2021 at Newstead Children Centre

### **AVA Children's Group for 7 - 11 year olds**

An 11 week group for children who have experienced domestic abuse to express their feelings and tell their story through play. Confidence building, safety planning and giving children a space to meet other children.

**Date:** 4 October 2021

**Venue:** Newstead Children's Centre, 1 Fallows Close, East Finchley, London N2 8LG

**Time:** 4 – 5.30pm

**Creche:** Not required

### **Strengthening Families, Strengthening Communities (SFSC) for parents with children aged 5 -19**

This programme assists parents/carers to reflect on and support their children to develop strong ethnic, cultural, family and spiritual roots, a positive parent-child relationship, and the life skills necessary for functioning in today's society

**Date:** 15 September - 12 week course (plus, an introductory session)

**Venue:** Newstead Children's Centre, 1 Fallows Close, East Finchley, London N2 8LG

**Time:** 10am - 1pm (lunch included)

**Creche:** No

### **Let's get Arty for 9–11 year olds**

This group is designed to support children with their confidence, explore their feelings and build friendships. All set within a safe environment and through the art of creativity and play, each week will offer a different themed activity to encourage children to express themselves through their art

**Date:** 6 Oct – 17 Nov 2021 - no session on 27th Oct

**Venue:** Newstead Children's Centre, 1 Fallows Close, East Finchley, London N2 8LG

**Time:** 4 - 5.15pm

**Creche:** Not required

**Please make referrals via the Universal Plus Form or the Additional Intervention form on EHM for Family Service Practitioners**

**For more information please contact us by phone: 020 8359 3460**

